



**PROSTART PROGRAM**  
**SIMON A. SANCHEZ HIGH SCHOOL**  
**COURSE SYLLABUS**  
**SY 2020-2021**

**COURSE TITLE:** CTTT055B Introduction to Foodservice Profession

**INSTRUCTOR:** Chef Philip Callos

**CONTACT INFO:** (email) [ptcallos@gdoe.net](mailto:ptcallos@gdoe.net)  
 (text or Whatsapp only) 480-6536 [Please include your name and period]

**TIME AND LOCATION:** Room 301 / Online / Synchronous  
 Periods 5, 12, 19 11:18 AM – 12:12 PM  
 Periods 6, 13, 20 12:22 PM – 1:16 PM

**REQUIRED TEXTS:** Foundations of Restaurant Management and Culinary Arts Level I and II  
 ISBN 978013254790

**COURSE DESCRIPTION (SEMESTER 2)**

This course provides an overview of the culinary profession, including standards and behaviors that are essential for success in this field. Students will learn about the history of culinary arts, orientation to career opportunities and pathways in culinary and foodservice industry, ethics, resume writing, interviewing skills, and networking. Sustainable practices in the foodservice industry will also be covered.

**STUDENT LEARNING OUTCOMES**

Upon successful completion of this course, students will be able to:

1. Identify the characteristics of professional standards in attitude, behavior, and attire within the culinary profession.
2. Explore career opportunities within the foodservice industry to determine a suitable career pathway.
3. Using ethical principles, lead by example in personal and professional situations.

**TEACHING METHODOLOGIES**

- |  |  |
|--|--|
| <ol style="list-style-type: none"> <li>1. Class discussions</li> <li>2. Instructor presentations</li> <li>3. Case studies</li> <li>4. Homework problems</li> </ol> | <ol style="list-style-type: none"> <li>5. Assigned readings</li> <li>6. Course project</li> <li>7. Kitchen Labs &amp; Skills Development (subject to change due to PCOR levels)</li> </ol> |
|--|--|

**REQUIRED MATERIALS AND RECOMMENDED SUPPLIES**

ONLINE	HARD COPIES	FACE-TO-FACE
<ul style="list-style-type: none"> <li>→ Desktop / Laptop with built-in camera</li> <li>→ Reliable internet connection</li> <li>→ Earphones / Headset</li> </ul>	<ul style="list-style-type: none"> <li>→ Calculator, Pens (black, blue, red), pencils, correction tape, college ruled filler paper, sheet protectors.</li> <li>→ College ruled notebook</li> <li>→ 2-inch binder *for ProStart use only</li> </ul>	<ul style="list-style-type: none"> <li>→ Face Mask, Hand Sanitizer</li> <li>→ Calculator, Pens (black, blue, red), pencils, correction tape, college ruled filler paper, sheet protectors.</li> <li>→ College ruled notebook</li> <li>→ 2-inch binder *for ProStart use only</li> </ul>

## GRADING SYSTEM

ONLINE	HARD COPIES	FACE-TO-FACE
<ul style="list-style-type: none"> <li>Grade is based on evidence of work submitted in a timely manner.</li> </ul>	<ul style="list-style-type: none"> <li>Grade is based on evidence of work submitted in a timely manner.</li> </ul>	<ul style="list-style-type: none"> <li>Grade is based on evidence of work submitted in a timely manner.</li> </ul>

Students will be graded based on the evidence of work submitted in a timely manner for all three learning models. Grading criteria are the following:

### Grading Criteria

Assignment	Points
Daily Virtual Meeting	5 points each
Discussion Forum	20 points each (Includes original post, response to a peer's post, and reaction to a peer's post)
Assignments	20 point each

Assessment	Points
Weekly Quizzes	10 points each
Exams Final	100 points each
Course Project	100 points each

### Grading Scale

Letter Grade	Percentage
A	90-100 %
B	80-89 %
C	70-79%
D	60-69%
F	59 and below

## COURSE REQUIREMENTS

All course requirements must be completed, they are not optional. Students who do not complete all requirements may receive a letter grade of "F".

Student engagement is the physical attendance, submission of assignments, communication, or video conference with a teacher. A **minimum of two student engagement activities** is required per week.

## ATTENDANCE, PARTICIPATION, AND COMMUNICATION EXPECTATIONS

Learning Mode	Online	Hard Copy/Grab & Go	Face-to-Face
<b>Email Address Utilized</b>	Use GDOE student email	Use GDOE student email	Use GDOE student email
<b>Communication Methods</b>	Communication will be via email, video conferencing, phone, or learning management system (Google Classroom)	Students will communicate via email if a student has access, otherwise through scheduled phone calls.	Students will communicate directly with the teacher if not via email if a student has access, otherwise through scheduled phone call or utilize Friday intervention meetings
<b>Email &amp; Phone Communication Frequency</b>	Check GDOE email daily.	Phone call on Fridays or contact the teacher via text, email, or phone call, or written message placed in packet. Leave a message for the teacher if unreachable.	Phone call on Fridays or contact the teacher via text, email, or phone call. Leave a message for the teacher if unreachable.

<b>Participation &amp; Questions</b>	Students will call in or attend online class by being virtually present as scheduled by the instructor.	Complete, submit, pick up all weekly assignments every Friday. Leave questions in the packet, if any. Students will receive response(s) on the next learning packet pick up. <ul style="list-style-type: none"> <li>• Absent = Failure to pick up hard copy items on Fridays.</li> <li>• Tardy = Pick up hard copy after the designated times</li> <li>• Hard copy work must be picked up by parent / legal guardian / student.</li> </ul>	Ask Teacher Directly. Utilize Friday Intervention scheduled meeting. <ul style="list-style-type: none"> <li>➤ Designated school days by last name.</li> <li>➤ Absent = did not attend class</li> <li>➤ Tardy = arrival after bell rings to start instruction</li> <li>➤ Technical Absence = arrival after 8 minutes</li> </ul>
<b>Contact Information Update</b>	Provide updated contact information regularly.	Provide updated contact information regularly.	Provide updated contact information regularly.

### BEHAVIORAL EXPECTATIONS

Online	Hard Copy	Face-to-Face
Adhere and follow course policies, netiquette, and standards of conduct included during course orientation and course materials.	Pick up and submit packets during designated time. Students who miss these opportunities to communicate with their teachers whether through individual means or for a regular scheduled class meeting, will be reported to an administrator.	Follow all school rules.
Be on time, keep microphone on mute until prompted.	Submit completed learning packet on due dates.	Follow all classroom rules.
School rules apply while attending online classes- appropriate attire, no smoking, vaping, appropriate background, etc.	No plagiarizing, no cheating.	Based on physical attendance during scheduled class days. When returning from an absence, students must show an excuse note to ALL their teachers and have them initial the note. The last teacher to initial will hold on to the note.
Follow appropriate online etiquette.	Do your own work, do not have someone else do the work for you.	Class discussions through designated class periods
No plagiarizing, no cheating. Utilize textbook and course materials given to cite resources properly.	No plagiarizing, no cheating. Utilize textbook and course materials given to cite resources properly.	No plagiarizing, no cheating. Utilize textbook and course materials given to cite resources properly.

### ATTENDANCE LAW, POLICY, AND PROCEDURE (PL34-104, BP411)

#### Compulsory Education Age:

Public Law 34-104 requires students who are five (5) years of age and have not reached the age of eighteen (18) to enroll and attend a school full-time. **(17Guam Code Annotated, Section 6102 and Guam Board Policy 411)**. Students must attend their classes no matter what models of learning they have chosen. There is a reasonable expectation that students will know their class schedule, maintain regular participation and communicate regularly with their teachers

#### Unexcused Absences

- 1 unexcused = Call parent
- 2 unexcused = Mandatory Parent Conference with Admin and issue Truancy Prevention Notice to parent
- 3 unexcused = Mandatory Parent Conference with School Attendance Officer
- 4 unexcused = Submit Student Attendance Referral Form (SARF)

## **COURSE ASSIGNMENTS**

### **1. Important Dates**

Please review due dates for your assignments found in the Course Calendar. I will post reminders prior to the due dates in the ANNOUNCEMENTS.

- ❖ Daily Assignments. Each day, you will need to complete the following:
  - ❖ Read and complete the daily lesson assignments.
  - ❖ Post in the Discussion Forum by required due date.
  - ❖ Respond to one other student's post by the required due date.
  - ❖ Respond or react to a student's response to your post.
  - ❖ Take the daily low-stakes quiz.
  - ❖ Take the assigned tests.

### **2. Special Projects/Assessment**

In addition to your daily assignments, there will be a course project for this course. The instructor will discuss further the details, requirements, and expectations of the course project during the student orientation.

## **QUIZZES & TESTS (PRACTICAL & WRITTEN)**

Quizzes and tests will be administered at the end of each lesson and chapter. Please let me know if you need accommodation.

## **COURSE PROJECTS**

The purpose of course projects is to reinforce learning into a culminating activity. Projects can be done individually or in teams at the discretion of the instructor.

## **KITCHEN LAB, SKILLS DEVELOPMENT WITH LAB REPORT**

In the event we are able to proceed with kitchen labs, it will require face-to-face mode of learning. (Will change based on PCOR levels.) The purpose of kitchen labs and skill development is for the student to practice, develop, and demonstrate proficiency in basic culinary skills including food safety, workplace safety, teamwork and communication, and organization. **At the completion of each lab, you will submit a LAB REPORT that describes learning gained.**

## **MAKE UP WORK**

Make up work will not be accepted unless prior arrangements with your instructor have been communicated and approved. Assignments will not be available after the deadline. If you have an extenuating circumstance, please contact me by private message before the assignment is due to make alternate arrangements.

## **EMERGENCY PROCEDURES**

Emergency procedures will be followed according to that which has been described in the Simon Sanchez High School student handbook (where applicable), and according to the Guam Community College's emergency procedures (where applicable).

## **EMERGENCY PROCEDURES & STUDENTS WITH SPECIAL NEEDS**

Please refer to your school Student Handbook for emergency procedures and evacuation routes posted in class. Students with disabilities seeking academic accommodations may request from the counseling office, in accordance with the Americans with Disabilities Act (ADA) and the Rehabilitation Act, Section 504.

## **FERPA and Privacy**

Under FERPA (Family Educational Rights and Privacy Act), your educational records are confidential and protected. Under most circumstances, your records will not be released without your written and signed consent. However, some directory information may be released to third parties without your prior consent unless a written request to restrict this is on file. You can learn more about student rights to privacy at the GCC online college catalog in Appendix I (<http://catalog.guamcc.edu>), by visiting the U.S. Department of Education website, <http://www2.ed.gov/policy/gen/guid/fpco/ferpa/index.html>, or accessing the FERPA Group on MyGCC which is open to all users. If you still have concerns, please the Registrar's office at [gcc.registrar@guamcc.edu](mailto:gcc.registrar@guamcc.edu)

## **ACADEMIC INTEGRITY**

Academic integrity is fundamental to learning and is consistent with the Institutional Learning Outcomes (ILOs) espoused at Guam Community College. The concept of academic integrity lies at the very heart of any college, and learning and scholarship cannot thrive without this fundamental value. Therefore, academic dishonesty cannot be tolerated. Students who commit such acts expose themselves to sanctions as severe and expulsion from the College.

Academic dishonesty can take different forms, including, but not limited to cheating, plagiarism, and technology misuse and abuse. In any situation in which students are unsure of what constitutes academic dishonesty, it is the student's responsibility to raise the question with the instructor. It is also the student's responsibility to be familiar with the student guidelines on academic integrity.

## **COVID-19 Safety Precautions**

- ✓ Students must always wear their student ID visibly.
- ✓ Masks and face coverings will be mandatory prior to entering and while on campus.
- ✓ Thermal scanning and screening will be required upon entry on campus. Students must have proof of screening upon entering the classroom.
- ✓ Always follow the six (6) feet physical distancing requirements.
- ✓ In order to meet COVID-19 building capacity requirements, students report to school during their designated days only.
- ✓ All students are to participate in the COVID-19 related training.
- ✓ Signs will be posted around the campus to remind students of the health and safety precautions.
- ✓ Conduct passive screening before leaving the house. If you are feeling sick or exhibit any of the symptoms, stay home. Call the school for further guidance.
- ✓ Frequent handwashing with soap and water is highly encouraged. If soap and water are not available, use alcohol rub and/or hand sanitizer prior to entering the campus.

# Detailed Course Outline

## Module 1: Learning to Succeed in College

- Differentiate a professional chef from a cook.
- Discuss the responsibilities and skill set required of a professional chef.
- Discuss the value of diploma, certificate, and degree.
- Discuss the skills and behaviors needed to thrive in school.
- Identify resources available at the College.
- Use the library resources to become a subject matter expert.
- Explain why ethics matter.
- Discuss the attributes of a professional.
- Discuss the importance of work-life balance.

## Module 2: Maximizing Your Marketability

- Analyze the risks and benefits of moving beyond the school walls before graduation.
- Discuss what the industry expects you to know and to do.
- Explain the importance of volunteering at school and in the community.
- Explain the importance of on-the-job experience.
- List behaviors that promote health and education.
- Explain the importance of networking and professional associations.
- Use the world wide web to market self.

## Module 3: You're Graduating: Now What?

- Analyze the right career track: experience versus money.
- Use of the support staff at the school.
- Write a resume.
- Participate in an interview process.
- Explain the basic steps to getting promoted.
- Differentiate the various professional certifications available for culinarians.
- Discuss the importance of becoming life-long learners.
- Create a web-based portfolio to showcase program learning outcomes.
- Discuss professional ethics practiced in the industry.

## Module 4: The Foodservice Industry

- Define hospitality and the philosophy of the hospitality industry.
- Trace the growth and development of the hospitality and tourism industry.
- Describe the various cuisines and contributions of leading culinarians.
- Identify professional organizations, structure and functional areas in various hospitality organizations as a perspective for later courses.
- Evaluate career opportunities through participation in field trips and guest speakers.
- Evaluate industry trends as they relate to career opportunities and the future of the industry.
- Identify best practices in sustainability in foodservice.
- Evaluate industry trade periodicals.
- Memorize the Culinarian Code.

## PROSTART STANDARDS OF CONDUCT & BEHAVIOR

### Applies to all models of learning

Students are expected to conduct themselves in a professional manner (**with obedience, with respect, courtesy, & honesty**) **AT ALL TIMES**.

Disruptive and negative behavior will not be tolerated. **Disruptive behavior** are those actions that **impedes the ability of the teacher to teach the class productively**. These disruptive or bad behavior include but are not limited to:

1. **Showing up under the influence of alcohol, marijuana, or drugs - Serious offense**
2. **Leaving the classroom without permission.**
3. **Yelling, arguing, fighting, swearing, use of foul language, or other intimidating and or aggressive behavior - Serious offense**
4. **Sleeping, eating, drinking, chewing gum or engaging in side conversations during class.**
5. **Shuffling through paper, doodling, cleaning out backpacks, putting on makeup, braiding hair, etc. during class.**
6. **Interrupting the teacher or students in any way** such as making **smart aleck remarks or comments or asking nonsense questions unrelated to the topic being discussed.**
7. **Unauthorized use of cellphones** to talk, text, film, photograph (selfie or group photos), using your phone's camera to look at yourself or use social media during class.
8. **Sexting, bullying - cyber or face-to-face, or similar offense. - Serious offense**

## CONSEQUENCES

Violations of the classroom policies, procedures, and standards of behavior will result in the following disciplinary actions

### MINOR OFFENSE:

- FIRST OFFENSE: General Reminder. The class will be addressed and reminded of the policy and procedures.
- SECOND OFFENSE: You will be reminded privately.
- THIRD OFFENSE: Your offense will be documented.
- FOURTH OFFENSE: Parent/guardian, counselors, academic teachers conference with or without the student.
- FIFTH OFFENSE: Office referral and/or removal from the program.

### SERIOUS OFFENSE:

- FIRST OFFENSE: Parents, counselors, academic teachers, administrators conference with or without the student; **removal from the program.**

**Dear Parents,**

**Please sign your name at the space provided to indicate that you have read the syllabus and understand what is expected of your child. You may also write your questions and comments here. Please have your child return this portion. Thank you for your support.**

Student Name: \_\_\_\_\_

Student Signature: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Relationship to Student: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I have a working computer with Internet connection at home:    YES    NO

**Contact information:**

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_ Email: \_\_\_\_\_

Work tel. no. And extension \_\_\_\_\_

Name of Employer \_\_\_\_\_

**Questions and/or comments?**

---

---

---

---

---





**DATE:** \_\_\_\_\_

**Name of Student:** \_\_\_\_\_

**School:** \_\_\_\_\_

**MEDIA RELEASE FORM FOR HIGH SCHOOL STUDENTS  
IN GCC CTE PROGRAMS**

To Whom It May Concern:

I hereby authorize Guam Community College to use images, video and/or the voice of my minor son/daughter, \_\_\_\_\_, participating in GCC activities to help promote GCC through print, television, radio, web, video presentation and other media.

NAME of Parent/Guardian:(Please print) \_\_\_\_\_

SIGNATURE of Parent/Guardian: \_\_\_\_\_

RELATIONSHIP to Student: \_\_\_\_\_